

Cranial Adjusting Turner Style, Is the cutting Edge of Advancement in Chiropractic Technique Technology

Subluxations do not stop at the atlas.

C.A.T.S. Chiropractors are learning to adjust the subluxations above the atlas.

The History of the Development of Chiropractic Cranial Adjusting.

The concept that the bones in the skull fuse in early childhood originated in a paper written in 1873 referred to as the “Munro-Kellie Doctrine.” The research that supported this theory is 136 years old and apparently the paper was not very well done (even for the standards of that time). This view was still espoused as late as 1931 by the British autonomists, Sperino. We were even taught this same concept in Chiropractic College in the 70’s.

Phrenology was the first system to pioneer the idea that mental functions are related to different parts of the brain. The Austrian physician Joseph Gall established the first theory of brain localization in 1896, one year after the introduction of Chiropractic.

Gall’s premise was that: “The skull takes its shape from the brain; the surface of the skull can be read as an accurate index of physiological aptitudes and tendencies. Employers would use his techniques for character references and an index of talents and abilities. The findings of Phrenology have been mostly discarded as new scientific cranial mapping is much more accurate. The importance of mentioning Phrenology is that it was the first discipline to address the relationship between skull shape and function.

In 1939 William Sutherland hypothesized that the cranial bones actually articulate against one another. He was a student at the American School of Osteopathy in Kirksville, Missouri. He established that the cranium was capable of Primary Respiratory Mechanism and that the C.S.F. plays a vital “nutritive role” in all the tissues of the body. The meninges cover the brain and house the C. S. F. The dura matter is the outermost layer of the meninges and attaches to the foramen magnum, the upper cervical vertebrae and to the second sacral segment. He rationalized that when the head is traumatized the dura may become twisted and compressed producing dysfunctions and ill health.

In the mid 70’s John Upledger proved that the bones of the skull had sutures that moved 100th of an inch and contained blood vessels, nerve fibers and connective tissues. Upledger and his research team from the Michigan State University studied fresh cadavers using electron microscopes, radio waves and cinematographic X-rays to prove that the cranial bones moved.

When fusion occurs in the skull it is a pathological condition resulting from a trauma that has interfered with normal joint mobility and function. Arthritis will occur in any joint in the body that has been damaged from trauma and remains subluxated and/or fixated.

Upledger developed a technique called Cranial Sacral Therapy (C.S.T.). This is an extremely light touch technique taught mostly to massage therapists.

Leon Chaitow in his book *Cranial Manipulation Theory and Practice* examines the research on cranial suture movement and refers to the research of Zanaskis et al 1996 on suture respiration. Zanaski measured the range of cranial movement between the sutures at 1/100 of an inch or ¼ of a millimeter.

In 1930 Major B. DeJarnette (Chiropractor and Osteopath) developed a technique involving the movement of the cranial sutures and he called it Sacro Occipital Technique (S.O.T.). He taught it until 1984. The Sacro Occipital Research Society, International, continues it on today. Chiropractors have been taught the three categories and their testing procedures in Chiropractic College.

Directional Non-Force Technique (D.N.F.T.) was developed by a Chiropractor, Richard VanRumpt. This technique consists of gentle challenging and a unique leg length check. The adjustment is a gentle, but directionally specific thumb impulse.

In 1979 Carl Ferreri D.C. developed a technique called Neuro Organisation Technique. He integrated several other Chiropractic techniques along with his own method of testing and treating and came up with his own protocols. Dr. Ferreri developed a breakthrough treatment protocol for dyslexia and learning disabilities. This was my first introduction to the concept that the bones in the skull could be moved after adolescence.

In 2001 John Blye developed a similar technique to VanRumpt and called it the Blye Cranial Technique. He utilizes D.N.F.T. testing principles and treats them with an Activator gun.

My brother, Allen Turner D.C. and I first took Ferreri's course in 1986 and started the journey of correcting cranial subluxations and misalignments. Initially we only used 5 different cranial adjustments. Today, the technique, which is called Cranial Adjusting Turner Style (C.A.T.S.), has developed exponentially to include 70 different adjusting procedures in the first level workshop.

We first started using Ferreri's protocols to treat learning difficulties and both of us achieved phenomenal successes using this method. From 1986 to 2003 we were virtually the only two using his technique in Canada. Our technique expanded to include: head injuries, chronic head aches (that were not responding to cervical adjustments), autism, A.D.D., A.D.H.D., O.D.D., P.D.D., O.C.D., epilepsy, even Downs Syndrome and a wide variety of behavioral and learning difficulties.

C.A.T.S. is unlike any of these other techniques, it is not a light touch, its approach is unique and its results are amazing.

Subluxations do not stop at the atlas; trauma is not limited to the spine and extremities. Much attention is paid to the protection of the head with the insistence that helmets be used for various sports. Some of them are very effective; such as the football helmet, others are less effective, the hockey helmet for example and others are almost totally ineffective like the bicycle helmet. The bicycle helmet is only effective if a brick falls straight down, directly on the top of the helmet; otherwise the helmet actually causes more problems and subluxations to the skull when hit from the side, front and behind.

Chiropractors have all seen patients whose problems have originated from a head injury. The first head injury can occur during childbirth, then falls in infancy from the head hitting the edge of a coffee table or if the child tumbles down the stairs. The incidence of head injuries from hits from baseball bats, swings, balls, pucks, fists, sports injuries, car and industrial accidents are extremely common. Unfortunately, most of these patients do not receive adequate care for these injuries and their conditions deteriorate and result in chronic debilitating health problems.

Post concussion syndrome is an excellent example of what happens when a head injury is not corrected. The injury to the head is sufficient enough to cause temporary unconsciousness in some cases. The patient survives, but has many acute symptoms such as: headaches, blurred vision, speech difficulties, memory lapses, brain fog, emotional irregularities, decreased reflexes, altered coordination, and behavior changes.

If the cranial subluxations that resulted from the head injury are not corrected these symptoms persist and become chronic, causing a life time of pain, an emotional roller-coaster, cognitive disorders and cognitive difficulties resulting in a sub-standard level of life and health.

All Chiropractors should master the art of Cranial Adjusting to correct all those “above the atlas subluxations” coming into their offices

Comments from C.A.T.S. practitioners

Dr. William Watt, “I have never felt so good as I have since my cranial adjustments, C.A.T.S. workshops is the best seminar that I have ever attended.”

Dr. Brian Lawrence, “A 82 year old lady with Parkinson’s was 50% better after 2 C.A.T.S. adjustments.”

Dr. Elsie Frickey, “Thanks again for making practice exciting again!!”

Dr. Ron Wagner, “A must for every Chiropractor to learn.”

Dr. Don Viggiani, “The fundamentals are simple and easy to learn. The seminar has been invaluable for a veteran practitioner like me.”

Roger L Turner D.C.

Founder and chief instructor of the Cranial Adjusting Turner Style Workshops.

Workshops are available, consult www.catsworkshop.com for an up to date schedule.

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